



VISION ACCESS

Council of Citizens with Low Vision International

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How a Family with Parents Who Have Little or No Vision Have Fun in the Summer

by Patti Cox

When I was young, nothing stopped my parents from making sure we had fun. My dad was visually impaired, my mom totally blind, my younger brother fully sighted and I am visually impaired. So, what did we do in the summer? My parents had a croquet set and they would have my grandparents and other friends over and we would play croquet. Now you're thinking how in the world did they play croquet? And what is croquet? Croquet is a game where each person uses a mallet to hit a ball through wickets that are placed around the yard and you try to get your ball through all of the wickets first. So how did we adapt? We would tap the wicket for those who could not see so that they could hear the location of the wicket from where they were standing. They would hit the ball and it would either get closer or go through.

My dad had pretty good vision when we were kids. My parents had a tandem bike that had a trailer on the back for my brother and I to ride behind them. As we got older, we had our own bikes and we would ride behind them. We would ride our bikes everywhere.

Louisville has a Triple A baseball team and my parents would take us to the games. We went to amusement parks, festivals, fairs, the movies, Kentucky Derby events, summer camps, and so much more. We also had a different experience when we were kids. My dad's mom lived on a farm and we would go and stay for a week. The experience was nothing like city life. We got to get chicken eggs, slop the hogs, and even milk cows.

The biggest vacations we went on were you're your average vacations. We went to ACB conventions. We would have never been able to go to the beach like we did in Miami. We would not have been able to go to Hot Springs, Arkansas, Knoxville, Tennessee or Los Angeles, California. After I had children of my own, their vacations became the ACB conventions.

I feel as though I have had more experiences than my friends who had parents that could drive. My parents did not have to pay a car payment, insurance, and maintenance on a car. Instead, we went by cab, city bus, greyhound bus, plane, bicycle, and by foot. So, I'm very thankful my parents were not sighted because I would have never had all the opportunities to do so many things during my summer vacations from school.

CCLVI Convention Programming

Saturday June 25

2:30 pm - 3:45 pm

CCLVI Business Meeting and Elections (Virtual)

Friday July 1

4:00 pm - 6:45 pm

CCLVI/BITS: Vendor Showcase (On-site & Virtual)

If you use a screen reader and/or magnification in your daily life, this showcase affords you the opportunity to see what is new in the Exhibit Hall later in the week. Several products will be demonstrated with time for questions and answers. This gives you the opportunity to prepare your questions in advance of your visit to these vendors' booths, in-person or virtually.

Friday July 2

4:00 pm - 5:30 pm

CCLVI: Fred Scheigert Scholarship Winner's Reception (On-site)

We finally have an opportunity to meet and greet several of the last few year's Scheigert Scholarship winners. These men and women with low vision are our future leaders. We will also present the Bernice Kandarian Memorial Award during this special event.

Sunday July 3

2:30 pm - 3:45 pm

Update Your Zoom Profile Pic (On-site)

CCLVI has a number of members volunteering to assist in adding or updating your profile photo on your Zoom account. In order to take advantage of this opportunity, you will need to bring either your device on which you have your Zoom account, or bring your username and password for your Zoom account so you can access it on another device. Remember this pic will then appear whenever you are on a zoom meeting. So, business casual is probably appropriate.

Monday July 4

2:30 pm - 3:45 pm

Smart Home Living (On-site & Virtual)

A myriad of products that make your life and home more comfortable, cleaner, safer, and independent will be demonstrated and discussed.

Co-sponsored by ACB Next Generation and CCLVI

Tuesday July 5

7:30 pm - 9:30 pm

Dance of the Ages (On-Site) \$15

Music for all ages will be provided by our DJ. Whether you like waltzes, line dances, or something in between, it will happen. We have also prepared an area for conversation

while listening at a lower volume. Light snacks and a cash bar will be available. And, plenty of door prizes.

Co-sponsored by AAVL, ACB Next Generation, and CCLVI

News from the Fundraising Committee

by Kathy Farina

The CCLVI Fundraising Committee has some fun activities planned for the ACB National conference and convention. The CCLVI Firecrackers team will participate in the Brenda Dillon Memorial Walk on July 2nd.

If you can't attend the convention, walk in your neighborhood and get family, friends, and colleagues to sponsor you.

You can join our team and donate by going to <https://secure.ggiv.com/event/a2w/team/897286/> Half of the money we raise comes back to CCLVI to support Vision Access and the Samuel Genensky Magnifier Awards.

We will have a 50/50 drawing. Tickets cost \$10 each and you can buy tickets online or in-person. Tickets will go on

sale starting June 25 and will be on sale until July 24. The winning ticket will be drawn on Monday, July 25, at CCLVI's Game night. Go to CCLVI.org for more information. The proceeds from this drawing will support Vision Access and the Samuel Genensky Magnifier Awards.

Strange Things That Happen to Low Vision People

by Valerie Ries-Lerman

Who Is That Who Just Said Hello?

One of the most common mistakes I make, more often than I'd like to admit, is not identifying someone saying hello in passing. Yes, I should recognize their voice, right? But that doesn't always happen. Are they a stranger, an acquaintance, or a friend?

Solution: A way to get around this is to ask your colleagues, friends, or acquaintances to identify themselves when greeting visually impaired people. This is particularly important for those of us, such as myself, who are hearing impaired as well.

What Will You Find When Cleaning House?

The other day I got quite upset because I thought I saw a spider on the floor. It turned out to be a hairball (and I don't own a cat).

Solution: Bat it around a bit with something solid. See if it moves. If not, you're home free. That is, as long as you sweep your floor more often than I do.

Safely Crossing a Busy Street

Most times, it is best to first watch the traffic cycle. How does the signal work? Then, after watching or listening for the signal cycle, ready to cross straight ahead, I stick my cane way out, and look back around the corner making sure no one's going to cut me off. If I'm not cut off yet, I make a run for it. Then there's those who start up, when I didn't start fast enough, and wouldn't you know it, I've already started to cross. Do they stop, or do I? It's a game of chicken trying to cross a busy intersection.

Solution: If the driver seems like they're in a real hurry, I give them the hand signal (without the middle finger) to proceed. I of course can't see their hand gestures, so I can only hope they're civil. Also, with this kind of charade, sometimes it's best to wait for the next full signal cycle to proceed.

Dating and Low Vision

I used to have coke bottle glasses. I pretended it didn't matter much until someone, usually someone of the opposite sex, upon first meeting, would ask: "You know I would really like to see you, without your glasses".

Solution: Let's cut to the chase. Tell them you wear those glasses especially for people just like them. LOL. Life is full of mysteries, isn't it?

Fear of Flying

Wasn't there a book about that? Anyway, at an enthralling mall visited for the first time, I did exactly that. Not having a lot of time, I was in a hurry. Looking at, and trying to decipher all the lovely storefronts, there was a quick curve in the walkway and quickly approaching stairs. Too late. I felt like a cartoon character with feet peddling thin air. Unbelievably I landed on both feet at the bottom of five stairs.

Solution: Use that cane, and slow down.

Do You Enjoy Meeting New People?

Sometimes I'm thinking I see someone in the near distance who might soon be approaching. It ends up, that tall figure I spy, is a new type of parking meter.

These examples are only a few of the many ways our lives can be a little unusual at times, being visually impaired.

Let me close by ending with the well-worn saying: “Truth is stranger than fiction”. Do you have any experiences you’d like to relate? Please consider sharing your story, gracing our CCLVI Vision Access with an article or two. Thank you!

Summer Crafts: Tissue Paper Sparklers

by Kaila Allen

Are you looking for a quick craft to decorate your table for Independence Day? This project will help you achieve that and is fun to make for both kids and adults. Make several and place them in a vase or bucket as a centerpiece for your table.

Materials:

- Tissue paper in red, white and blue
- Wooden dowel or Bamboo skewer
- Glue
- Scissors

Instructions:

1. Layer one of each color tissue paper on top of each other, lining up the edges.
2. Cut all three layers of tissue paper in half short ways or hamburger style.
3. Fold one stack, three layers of tissue paper, in half long ways or hotdog style.
4. Cut 1-inch strips from the outside edge towards the fold, stopping 1 inch before the folded edge. This will create a fringe.
5. Place your wooden dowel or skewer at the end of your tissue paper with a 1-inch overlap at the folded side where there were no cuts made. Glue the tissue paper to the dowel or skewer.
6. Roll the dowel or skewer along the folded edge, gluing often, as the tissue paper rolls around the tip. Ideally, you want to keep the folded edge lined up as you roll.
7. Let dry and then place in a vase or other container for decoration.

If you are interested in learning more crafts including a pony bead American flag, visit:

Summer Recipes

Orange Creamsicle Salad

Ingredients:

- 1 box orange Jell-O
- 1 box instant vanilla pudding
- 1 cup boiling water
- 1/2 cup cold water
- 1 8-oz. Cool Whip
- 1 can mandarin oranges 14-oz., drained
- 1 cup mini marshmallows

Directions:

1. In a large bowl combine orange Jell-O and boiling water. Whisk until Jell-o is dissolved.

2. Add cold water and allow to chill for 15 minutes in refrigerator.

3. Slowly whisk in vanilla pudding mix until smooth and chill for another 15-20 minutes or until it becomes slightly thickened.
4. Fold in Cool Whip, mandarin oranges and marshmallows. Chill and enjoy.

Note: You can also use two cans of mandarin oranges drained and 2 cups of miniature marshmallows.

Greek Pasta Salad

Ingredients:

Spiral noodles
Cucumber
Red bell pepper
Black olives
Feta cheese
Green onion
Ken's Greek salad dressing

Directions:

1. Cook noodles & drain
2. Mix all ingredients and chill

Toll House Chocolate Chip Pie

Ingredients:

- 2 eggs
- 1/2 cup all-purpose flour
- 1/2 cup granulated sugar
- 1/2 cup brown sugar
- 2 sticks butter, softened and at room temperature
- 1 6-oz. package chocolate chips
- 1 cup walnuts, if desired
- 1 9-inch unbaked pie crust or graham cracker crust

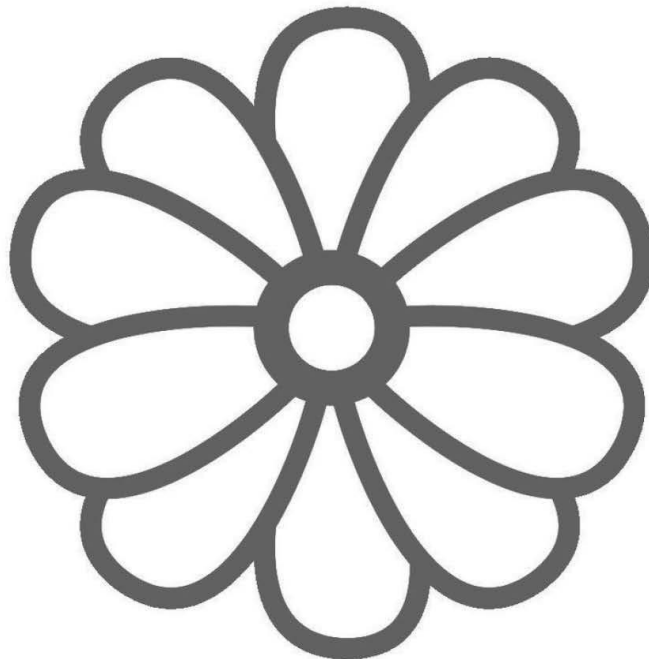
Directions:

1. Beat eggs in large bowl and add flour, sugar and brown sugar.
 2. Mix well and add softened butter, chocolate chips and optional walnuts to this mixture.
 3. Blend all ingredients and pour in to the pie crust.
 4. Bake for one hour at 350 degrees.
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Summer Games

Summer is a time to relax, have fun, play games and enjoy time-off. The following pages contain some fun games to take a break from our all-to-serious lives.

Coloring Fun: A Summer Flower



Cool Drinks Word Search

FRPOEK AHSKLIMZE
INOGR INKSSCIMI
CLPAASLUSHEERIL
ETAOSTLUI SHDEC I
CEDSHAOCVEECXEM
ROOTBEERFLOATDE
EISSSTDEDAREPVCA
AENBTEEFEDOPIOD
MREEICDTECEURFE
SEAAMYASIKJCNFC
OEARNWOUNLCDDET
DHGNKOOLAIDIEET
APUNCHMIMEYNMOF
ASLEAXEIH TOOMSA
NDERTTLHEGPREAT

GATORADE	MILKSHAKE
ICE CREAM SODA	PUNCH
ICED CAPPUCCINO	ROOT BEER FLOAT
ICED COFFEE	SLUSHEE
ICED TEA	SMOOTHIE
JUICE	SODA POP
KOOL AID	SUNNY D
LEMONADE	TANG
LIMEADE	WATER
MILK	YOP

Beach Crossword Puzzle

Name: _____ Date: _____



Word Bank

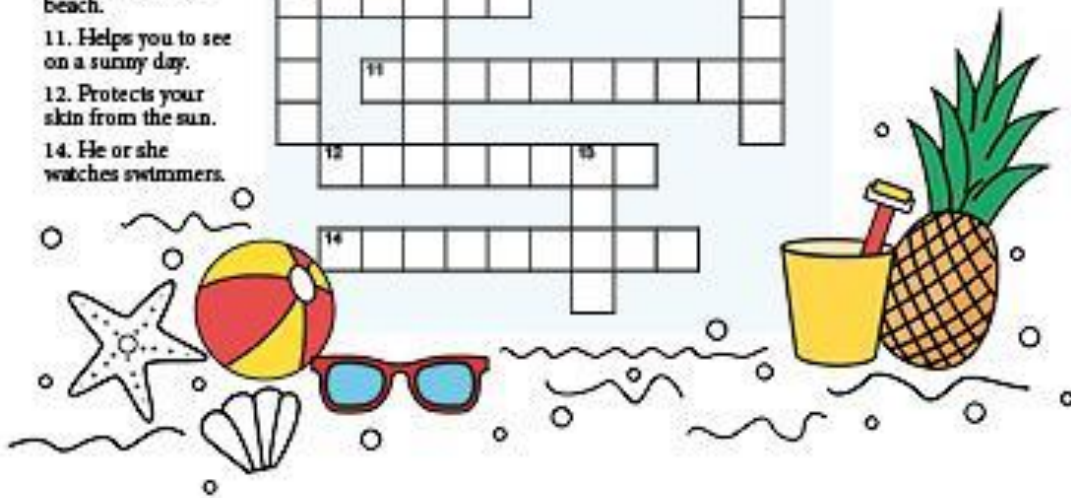
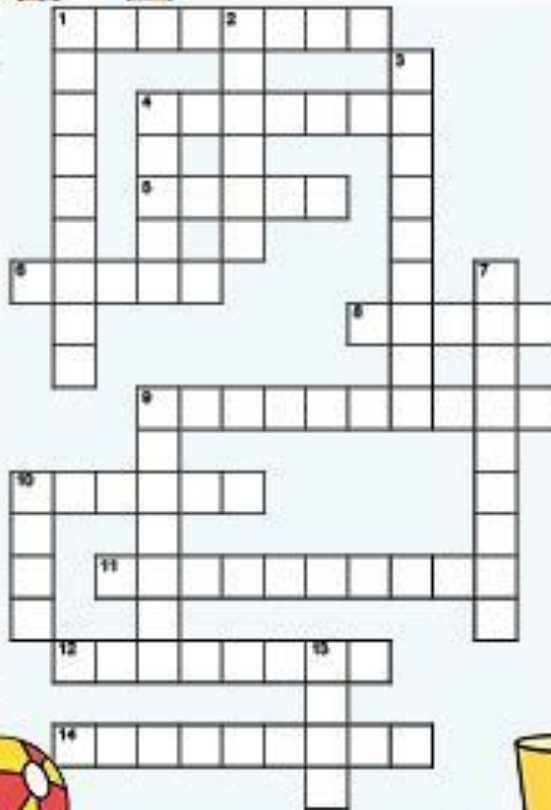
CRAB	PICNIC	SUNBURN
FLIP FLOPS	SANDCASTLE	SUNGLASSES
JELLYFISH	SHORE	SURFBOARD
LIFEGUARD	SHOVEL	SWIMSUIT
OCEAN	SNORKEL	TOWEL
PAIL	SUNBLOCK	WAVES

Across

1. What most people wear on the beach.
4. Allows you to breath underwater.
5. It's right next to the beach.
6. They wash in at the seaside.
8. Use this to dry off.
9. You might build this on the beach.
10. Lunch on the beach.
11. Helps you to see on a sunny day.
12. Protects your skin from the sun.
14. He or she watches swimmers.

Down

1. Use this to ride the waves.
2. Used for digging.
3. Shoes for the beach.
4. The edge of the water.
7. Sea animal that stings.
9. Watch out! If you turn red, you have this.
10. Use this to collect sand, water, or shells.
13. Little animal with pinchers.



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Calendar of Events

Everyone is welcome to attend these events by accessing the Zoom mobile app, visiting the Zoom Web site at <https://zoom.us> or calling (312) 626 - 6799, and entering the appropriate meeting ID and passcode.

Subscribe to our CCLVI-Chat email list to receive weekly meeting reminders and Zoom details by emailing our CCLVIWebmaster@gmail.com In addition, all CCLVI events, except our business meetings, are listed on the ACB Community Call schedule. Those without email can access that information by calling 1 - 800 – 424 - 8666 and following the prompts.

CCLVI Low Vision Discussion

Themed chats—First Monday at 8:00 PM ET

Speaker - Fifth Monday at 8:00 PM ET

Meeting ID: 851 0259 7284

Passcode: 225846

CCLVI Game Night

Second and fourth Mondays at 8:00 PM ET

Meeting ID: 851 0259 7284

Passcode: 225846

CCLVI Low Vision Peer Support Group

Third Monday at 8:00 PM ET

Meeting ID: 851 0259 7284

Passcode: 225846

CCLVI Board of Directors Meeting

Second Tuesday at 8:30 PM ET

Webinar Meeting ID: 832 0701 7136

Let's Talk Low Vision with Dr. Bill Takeshita

Join Dr. Bill and his guest for this monthly informative program

Third Tuesday at 8:30 PM ET

Meeting ID: 874 7608 2312

Passcode: 225845

CCLVI Special Event

Weekly calls on a variety of topics related to low vision

Thursdays at 8:00 PM ET

Meeting ID: 826 0270 2438

Passcode: 225848

CCLVI Low Vision Coffee Hour

Fridays at 11:00 AM ET

Meeting ID: 829 5076 8948

Passcode: 225843

KCCLV Low Vision Support Calls

Informative meetings for low vision individuals across the U.S.

First and third Wednesdays of each month at 7:30 PM ET

Meeting ID: 862 9889 697

Passcode: 975864

* Topics and speakers are subject to change. Please reference the weekly CCLVI emails and ACB Community Call schedule.

OFFICERS	DIRECTORS
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VISION ACCESS is published six times a year (February 15, April 15, June 15, August 15, October 15, and December 15) in large print, audio, and email.

Vision Access welcomes submissions from people with low vision, from professionals such as ophthalmologists, optometrists, low vision specialists, and everyone with something substantive to contribute to the ongoing discussion of low vision and all of its ramifications. Submission deadlines are January 15, March 15, May 15, July 15, September 15 and November 15.

Send contributions to CCLVIVisionAccess@gmail.com